

## **Executive Breaks**

Special menus can be designed upon request.  
Price is subject to a 15% gratuity and 5% GST.

### **Executive Breaks**

#### **Morning Bakery Basket** \$14.00

- Fresh Assortment of Danish Pastries (2 per person), Muffins and Croissants
- Chilled Juice Coffee and Tea

#### **Energizer** \$10.00

- Basket of Assorted Breakfast Pastries Choice of Danish, Muffins, Croissants (1½ per person)
- Coffee and Tea

#### **Tropical Duo** \$10.00

- Fresh Baked Banana Bread Seasonal Sliced Fresh Fruit
- Coffee and Tea

#### **Hot & Sweet** \$8.00

- Creamy Hot Chocolate & Coffee
- Assorted Homemade Extra Large Cookies (2 per person)

#### **Savory Break** \$16.00

- Individual Potato Chips
- Deluxe Mixed Nuts
- Giant Soft Pretzels served with 3 mustard dips
- Mini Sandwiches
- Bottled Water
- Coffee and Tea

#### **Sweet Break** \$13.00

- Assorted Mini French Pastries
- Mini Toblerone
- Trail Mix
- Chocolate Dipped Strawberries
- Hot Chocolate
- Bottled Water
- Coffee and Tea

**Nutri Break** \$14.00

- Fresh Sliced Fruit
- Granola Bar **or** Power Bar
- Organic Individual Yogurts
- Fruit Juice
- Coffee and Tea

**Fruit & Fibre** \$15.00

- Assorted Flavored Yogurt
- Seasonal Sliced Fresh Fruit
- Nutri-Grain Bars
- Skim Milk, Mineral Water, Coffee and Herbal Tea

The following prices do not include 15% gratuity or 5% GST.

**Coffee Break Items À la Carte**

French Pastry (each)	\$4.00
Nanaimo Bar (each)	\$3.00
Chocolate Bar (each)	\$3.00
Nutri-Grain Bars (each)	\$2.75
Whole Fresh Fruit (each)	\$2.25
Fruit Kabobs with Yogurt Dip (each)	\$4.25
Fresh Fruit Tarts (each)	\$4.25
Apple Turnovers (each)	\$3.25
Individual Bag of Chips (each)	\$2.50
Individual Fruit Yogurt (each)	\$3.00
Individual Organic Yogurt (each)	\$3.75
Chocolate Dipped Strawberries (each)	\$2.75
Hagen Daaz Ice Cream Bar (each)	\$5.75
Yogurt Berry and Granola Parfait (each)	\$8.00
Cinnamon Buns (per dozen)	\$28.00
Danish (per dozen)	\$31.00
Muffins (per dozen)	\$28.00
Croissants (per dozen)	\$29.00
Assorted Cookies - Extra Large (per dozen)	\$19.00
Banana Bread (per dozen)	\$19.00
Assorted Wraps: Southwestern Chicken, Tandoori Chicken, Shrimp Curry Seafood Salad, Beef (per dozen, served cold)	\$66.00
Sliced Fresh Seasonal Fruit (per person - minimum 10)	\$6.00
Bowl of Fresh Strawberries with Whipped Cream (serves 12)	In season May 1 <sup>st</sup> to Sept 30th \$39.00 Off season Oct 1 <sup>st</sup> to April 30th \$65.00

**Beverages**

Coffee

- Per pot (10 cups) \$27.50
- Per thermos (16 cups) \$44.00
- Per thermos (50 cups) \$137.50

Tea, Orange Pekoe/Herbal Blend (per cup) \$2.75

Hot Chocolate (per cup) \$2.75

Assortment of Juices (per bottle) \$3.50

Mineral Water (per bottle) \$3.50

Assortment of Soft Drinks (per can) \$2.75

Fruit Juice Pitchers Orange, Grapefruit, Apple or Tomato (per pitcher, 1.8 L) \$21.00

Iced Tea with Lemon (per pitcher, 1.8 L) \$19.00

Milk, 2% or Skim (per pitcher, 1.8 L) \$19.00

**Break Enhancements**

**Bagels à la Carte**

\$31.00

- Freshly Baked Assortment of Bagels Served with Butter, Preserves, Plain and Flavoured Cream Cheese
- Choice of any Three Cream Cheeses: Plain, Strawberry, Apple Cinnamon, Smoked Salmon, or Herb and Garlic