

# Chinook Breakfast Menu

## Seasonal Fruit

Fresh Strawberries with Cream or Whipped Cream .....	5.75
Orange Segments .....	5.50
Grapefruit Segments .....	5.50
Sliced Bananas .....	4.25
Fresh Fruit Salad.....	5.75

## Cereals

Swiss Müesli.....	6.75
<i>house made: oats, dates, dried and fresh fruit, walnuts, almonds, raisins and more</i>	
Rice Krispies, Frosted Flakes, Fruit Loops, Corn Pops, Corn Flakes, Special K, Bran Flakes or Raisin Bran .....	5.00
Hot Porridge, with Brown Sugar and Milk .....	5.00
Hot or Cold Cereal with Fresh Sliced Strawberries or Bananas.....	5.75
Granola .....	6.25

## Breakfast Buffet

Juice, fresh fruit and yogurt, scrambled eggs, french toast and pancakes, ham, bacon, sausages, corned beef hash, breakfast potatoes, sliced tomatoes and European cold cuts. Fresh breakfast pastries and croissants.

Children - 5 years and under: free with paying adult

6 - 12 years old: \$9.25

18.50

## Breakfast Entrées

For your health, all breakfast entrées are prepared with Vita-Eggs Omega 3 which have 10 times more Omega 3 polyunsaturates and 5 times more Vitamin E than regular eggs and are a good source of 7 essential nutrients

<b>Chinook Breakfast</b> .....	15.00	<b>West Coast Breakfast</b> .....	16.00
<i>two eggs any style with ham, bacon or sausages, hash browns, toast and preserves</i>		<i>two farm fresh eggs any style with sliced smoked salmon, hash browns, toast and preserves</i>	
<b>Fruit &amp; Fibre</b> .....	15.00	<b>New York Steak and Eggs</b> .....	19.00
<i>for a healthy start, an array of fresh fruits served with yogurt and a fresh baked bran muffin</i>		<i>7 oz. New York steak, two eggs any style, hash browns, toast and preserves</i>	
<b>Eggs Benedict</b> .....	16.00	<b>Corned Beef Hash and Poached Eggs</b> .....	15.00
<i>classic hollandaise sauce over soft poached eggs, back bacon, English muffin, with hash browns</i>		<i>two soft poached eggs over a generous portion of old style corned beef hash</i>	
<b>West Coast Benedict</b> .....	17.00	<b>Mexican Scramble</b> .....	15.00
<i>classic hollandaise sauce over soft poached eggs, smoked salmon, English muffin, hash browns</i>		<i>two farm fresh eggs scrambled, with salsa, cilantro, chorizo sausage, hash browns, toast and preserves</i>	
<b>French Toast</b>		<b>Breakfast Parfait</b> .....	10.00
<i>three golden slices with butter and syrup</i>		<i>for the health conscious, french vanilla yogurt, granola, freshfruit &amp; seasonal berries</i>	
with brown raisin bread .....	13.00	<b>Omelette</b> .....	15.00
with fruit salad .....	14.00	<i>fluffy three egg omelette with your choice of cheese, mushrooms, ham or spicy salsa, hash browns, toast and preserves</i>	
<b>Pancakes</b>		<b>Egg and Back Bacon Sandwich</b> .....	10.00
with butter and syrup.....	12.00	<i>on toasted English muffins with cheddar cheese</i>	
with fruit salad.....	12.50		
<b>Belgium Waffles</b> .....	12.00		
<i>served with fruit salad, butter and syrup</i>			

## Bake Shop Specialties

Toasted English Muffin (1) .....	4.00
White, Rye or Whole Wheat Toast (2) .....	4.00
Buttery Croissants (2).....	4.25
Danish Pastries (2) .....	4.25
Bran Muffins, Daily Muffins (2).....	4.00
Toasted Bagel (1) .....	4.00
with cream cheese spread .....	5.00
with smoked salmon and cream cheese .....	11.00

## Children's Menu

For those 12 years old and under with a lighter appetite. Includes a glass of juice or milk.

\$7.25 each selection:

French Toast (2)  
Pancakes (2)  
1 Egg & Hash Browns  
Toast with Peanut Butter

## Side Orders

One Egg Any Style .....	3.50
Two Eggs Any Style .....	6.50
Ham, Bacon or Sausage.....	5.50
Chorizo Sausage.....	5.50
Canadian Back Bacon .....	5.75
Hash Brown Potatoes.....	3.25
Smoked Salmon.....	6.25
Yogurt, plain or flavoured .....	3.50

## Beverages

Coffee, premium roast for Banff Park Lodge, regular or brewed decaffeinated, refills included .....	2.75
Tea .....	2.75
Gourmet Herbal Tea .....	3.00
Hot Chocolate.....	2.75
Milk 2%, Skim & Chocolate .....	3.25
Orange, Tomato, Apple, Cranberry or Grapefruit Juice* .....	4.25

\* Based on availability

Freshly Squeezed Orange Juice

5.50

