



BREAKFAST BUFFET

ADULT 19.95 / 6-12 YEARS OLD 9.95

*fresh fruit / yogurt / scrambled eggs / sliced tomatoes /
buttermilk pancakes / applewood smoked bacon /
Valbella sausages / breakfast potatoes /
Canadian cheeses / pastry & toast station + much more*

Includes coffee, tea and fruit juice

CRAVE BREAKFAST 16

*two eggs any style / pan seared fingerling potatoes /
choice of applewood smoked bacon / Black Forest ham /
gourmet breakfast sausage / choice of toast*

THE HEALTHY START 16

*fresh baked muffin / fresh cut fruit,
Bircher-müesli / freshly juiced carrot-ginger shot*

ROCKY MOUNTAIN BREAKFAST WRAP 16

*spinach flour tortilla / scrambled eggs / Valbella chorizo /
bell peppers / red onions / Monterey jack + cheddar cheese /
pan seared fingerling potatoes*

BANANA BREAD FRENCH TOAST 15

*thick cut banana bread French toast, /
caramel bananas / fresh strawberries / Quebec maple syrup*

BUTTERMILK PANCAKE STACK 14

*5 buttermilk pancakes / Quebec maple syrup /
whipped butter*

STRAWBERRY BELGIUM WAFFLES 15

*Belgium waffles / fresh cut strawberries /
Quebec maple syrup / whipped cream*

DAILY HOT CEREAL 7

brown sugar / milk

BUILD YOUR OWN OMELET

2 INGREDIENTS 14 / 3 INGREDIENTS 15
4 INGREDIENTS 16 / 5 INGREDIENTS 17

*two eggs with your choice of the following ingredients;
Black Forest ham / Valbella chorizo sausage /
applewood smoked bacon / mushrooms / bell peppers /
Monterey jack + cheddar cheese / green onions /
feta cheese / tomatoes*

Served with fingerling potatoes + your choice of toast

Please notify your server regarding any allergies or dietary requests

B E N E D I C T

CLASSIC ONE 14 TWO 18

poached eggs / gourmet back bacon / English muffin / hollandaise sauce / pan seared fingerling potatoes

SMOKED SALMON ONE 17 TWO 22

poached eggs / B.C. smoked salmon / wilted greens / caramelized onions / English muffin / hollandaise sauce / pan seared fingerling potatoes

FLORENTINE ONE 11 TWO 15

poached eggs / warm wilted spinach / caramelized onions / English muffin / hollandaise sauce / pan seared fingerling potatoes

all our eggs Benedict are topped with paprika

UKRAINIAN BREAKFAST 17

one poached egg / hand pinched spinach + feta perogies / crisp bacon / caramelized onions / shredded cheese / chive + sour cream

add two beef + pork sausages 3

BREAKFAST POUTINE 16

crispy potato cakes / applewood smoked bacon pieces / green onions / cheese curds / gravy / topped with poached egg

add two beef + pork sausages 3

BREAKFAST CLUB SANDWICH 16

one egg / applewood smoked bacon / cheddar cheese / lettuce / tomato / pan seared fingerling potatoes / on choice of bread or bagel

CEREALS 6

assorted dry cereals served with milk:

Corn Flakes / Raisin Bran / Special K / Rice Krispies
All Bran / Fruit Loops / Rice Chex / house made granola

BIRCHER-MÜESLI 7

oats / dates / dried and fresh fruit / walnuts / almonds / raisins

B.C. SMOKED SALMON BAGEL 15

cream cheese / red onions / capers

S I D E S

Quebec maple syrup 2 / free run egg any style *ONE 4 TWO 7* /
applewood smoked bacon 7 / Black Forest ham 7 /
beef & pork sausage 7 / maple chicken sausage 7 /
pan seared fingerling potatoes 4 / B.C. smoked salmon 8 /
yogurt 4 / fresh fruit 6 / sautéed mushrooms 6

B E V E R A G E S

fresh squeezed orange juice 5.50 /
freshly juiced carrot + ginger shot 3.50 /
coffee 3.50 / tea 3.50 / herbal tea 3.75 / hot chocolate 3.75 /
chilled orange, apple, tomato, lemonade, cranberry juice 4.25 /
milk 3.50 / chocolate milk 3.50 / soy milk 4.25

*Please ask your server for kids menu options
& assorted bakery items*

some items available in gluten free 3